

# WINTER CLASSES 2023

January 4, 2023 –February 28, 2023

*Most classes meet once a week.*

Check beginning and end dates carefully. A few classes will meet by Zoom only (ZO), many will have a combo of in person and Zoom available (ZA), and some will meet in person only, with updated pandemic safety protocols followed.

## MONDAY

**WM1** GENTLE CHAIR YOGA

*Emme Shapiro*

For Course Description see page 3.

9:00-10:00 AM Mondays Begins: 1/9 Ends: 2/27  
Eight sessions Members \$95 Non-Members \$110

**Note:** Students can join at any time on a pro-rated basis if space permits.

**WM2** THE WORLD'S GREATEST SHORT STORIES

*Edward J. Dwyer, Ph.D.*

This course will focus on the greatest short stories ever written! This year's extraordinary lineup features "A Clean Well-Lighted Place" by Ernest Hemingway, "The Purloined Letter" by Edgar Allan Poe, "Everything That Rises Must Converge" by Flannery O'Connor and "Hunters in the Snow" by Tobias Wolff. Students should secure their own copies of the stories (all stories are available online) and come to the first class having read Hemingway's "A Clean Well-Lighted Place." Classes are extraordinarily participant friendly. Come out: read, discuss, enjoy!

*Dr. Edward J. Dwyer earned his BS in engineering from West Point and his MA and Ph.D. from Villanova and Temple in PA, respectively. He taught English for 25 years. As president of Ed Dwyer Seminars, he has consulted worldwide in corporate, military and government and taught people to improve their writing, speaking and leadership skills. Additionally, he is the author of Lincoln, Kennedy and King: Their Great Speeches and Writings and two books on great quotations Quotes 365 and Quotes 365 II.*

9:00-10:30 AM Mondays Begins: 1/9 Ends: 1/30  
Four sessions Members \$75 Non-Members \$85

### NOTE:

**We will advise registrants of updated pandemic protocols. If any in-person and Zoom Available programs need to be changed to Zoom Only or canceled, optional refunds or credits will be offered.**

## MONDAY (CONT.)

**WM3**

### THE WORLD'S GREATEST NOVELLAS

*Edward J. Dwyer, Ph.D.*

This annual series continues with four of the greatest novellas ever written. Each one is radically unique, riveting, and memorable. You have a real treat in store for you! Ed guarantees it! Come to the first class having read Franz Kafka's *The Metamorphosis*. Then in order of discussion, novellas include Joseph Conrad's *The Secret Agent*, Mark Twain's *Pudd'nhead Wilson*, and Toni Morrison's *The Bluest Eye* (sought to be banned in some schools). Please purchase these books for yourself. Classes are extraordinarily participant friendly. Come out and expand your mind.

See *Biographical Sketch* on page 9.

**9:00-10:30 AM**  
**Four sessions**

**Mondays**  
**Members \$75**

**Begins: 2/6**  
**Non-Members \$85**

**Ends: 2/27**

**WM4**

### A STRATEGIC APPROACH TO BRIDGE BIDDING AND PLAY — FOR ADVANCED PLAYERS

*Dick Wegman*

**ZAWM4**

**Zoom Available**

Is opening light a good strategy? What's the best way to compete effectively when opponents preempt? Are fourth best leads still considered the most effective against notrump? What clues can help declarer locate a missing queen and decide which finesses to take? Experienced bridge players know they'll encounter these issues every time they play. This course will deal with these and other issues that arise frequently at the table. Course topics include: constructive and competitive bidding; hand evaluation; declarer play strategies, and defensive signaling and tactics. If you have enjoyed this course in the past at The Longboat Key Education Center, there will be new material and new hands-on interference bidding, opening leads, and defensive strategies. Each class will be divided into lecture (with lots of Q&A), and instructive play with prepared hands. New, as well as returning students are welcome.

*Dick Wegman* is an ACBL diamond life master with more than 9500 masterpoints. He is a certified bridge teacher who has taught bridge workshops on bidding, declarer play, and defense both on Longboat Key and in the Washington D.C. area. He is a national bridge champion who competes regularly in national and regional tournaments against top American and international bridge experts.

**11:00 AM -12:30 PM**  
**Six sessions**

**Mondays**  
**Members \$85**

**Begins: 1/9**  
**Non-Members \$95**

**Ends: 2/13**

**WM5**

### COLE PORTER'S TOP TEN "LIST" AND "LUST" SONGS

*Charles Troy*

**ZAW5**

**Zoom Available**

In the first of these two presentations, you'll find out what a List Song is and listen to Troy's selection of Porter's Top Ten, chosen for their wit, popularity, or significance in his career. The songs will be played chronologically, and you'll learn about Porter's extraordinary life along the way. In the second presentation, Troy will cover Porter's love ballads, which he characterizes as Lust Songs. You'll discover why by learning the story of Porter's secret, private life while you hear the Top Ten, which includes many of his great standards.

*Charles Troy* is America's most acclaimed dramatic musical theatre historian. He is also a graphic designer, and former theatre lyricist based in the Chicago area, where he gives his unusual multimedia musical theatre presentations (he has created over 50) at numerous venues. His work has been featured at the York Theatre in New York and the Auditorium Theatre in Chicago.

**11:00 AM-12:15 PM**  
**Two sessions**

**Mondays**  
**Members \$40**

**Begins: 1/2**  
**Non-Members \$45**

**Ends: 1/9**

## MONDAY (CONT.)

### **WM6** WOMEN OF THE GREAT AMERICAN SONGBOOK

*Sandra Moulin*

#### **ZAWM6** Zoom Available

When we remember The Great American Songbook, who thinks of Doris Day, Ella Fitzgerald, Dorothy Fields, Judy Garland, and Rosemary Clooney? Come listen to the stories of these legendary performers whose voices showcase the female version of the “old standards.” Learn how they got their start and who they’ve influenced today. Sandra Moulin invites you to join her as she lectures, sings, plays, and leads a singalong or two taking us back to the 30s.

*Sandra Moulin is a professional musician, public speaker, actress, author, and storyteller. She spent over 40 years teaching high school and college French and humanities, as well as being an entertainer, in Michigan and North Carolina. Locally Sandra continues to share her passion and talent for teaching and playing the piano with music and history programs, one-woman shows that she has presented for over seven years, and workshops on joy and laughter. Don't miss her one-woman show "Famous Composers And Their Muses" Friday, February 24 from 3:00-4:15. See page 43.*

**11:00 AM -12:15 PM**      **Mondays**      **Begins: 1/23**      **Ends: 1/30**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

### **WM7** ADVANCED INTERMEDIATE BRIDGE

*Larry Auerbach*

This course is intended for players who have taken INTERMEDIATE BRIDGE I and II or their equivalent and who have mastered bidding. Instruction will go further into playing of the hand and into the defense. Return to this level again and again!

*See Biographical Sketch on page 3.*

**1:00-2:30 PM**      **Mondays**      **Begins: 1/9**      **Ends: 2/27**  
**Eight sessions**      **Members \$115**      **Non-Members \$125**

### **WM8** PALEONTOLOGY AND EXTINCTIONS — *What Can We Learn From the Fossil Record?*

*Charles Lieberman*

#### **ZAWM8** Zoom Available

When first formed about 4.5 billion years ago, earth was uninhabitable. The past 700 million years of earth's history have been punctuated by shocks and extinctions as revealed by the fossil record. These events were triggered by myriad causes, including climate change, volcanism, plate tectonics and meteorite strikes. Darwin saw evolution as a gradual process, but the evidence suggests quantum leaps and bounds following massive or smaller extinctions. Nonetheless, life prevailed in ever more complex forms, quite likely including elsewhere throughout the universe. This two-part series will look at the geologic and paleontology record of the planet to understand the evolution of life. Come and learn many more incredible things about our planet. Chuck will bring specimens from his fossil collection for a show-and-tell and invite questions. He will have recently attended the big, annual fossil show in Tucson and have newly acquired fossils to show. Collecting fossils is his hobby, and studying and lecturing on geology, evolution, and paleontology is his passion. Chuck will be giving a two-part program on Capitalism vs Socialism on Wednesdays, January 4 and 11 from 11-12:30. See page 18.

*See Biographical Sketch on page 18.*

**11:00 AM -12:30 PM**      **Mondays**      **Begins: 2/6**      **Ends: 2/13**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

## MONDAY (CONT.)

### **ZOWM9** GUIDED AUTOBIOGRAPHY

**Zoom Only** *Melissa Kotler Schwartz*

Your stories are the fabric of your life. They reside within you. Guided Autobiography (GAB) helps individuals organize their life stories with themes and priming questions that evoke memories of events once known but filed away and seemingly forgotten. Writing your life stories helps gain perspective, appreciation, strength, and new meaning in your life. Facilitated in a supportive atmosphere, this process and these classes will get you started on the story of your life with baby steps, one page at a time. Students may take only four **continuous** sessions (January or February) on a pro-rated basis if space permits; four sessions for Members \$75 and Non-Members \$85.

*Melissa Kotler Schwartz is a college English instructor and a certified Guided Autobiography (GAB) instructor from the James F. Birren School of Autobiography. She is the author of Strangers I Have Known. See [www.strangersihaveknown.com](http://www.strangersihaveknown.com).*

**1:00-2:30 PM**                      **Mondays**                      **Begins: 1/9**                      **Ends: 2/27**  
**Eight sessions**                      **Members \$145**                      **Non-Members \$155**

### **WM10** HOLLYWOOD ICONS THROUGH THE DECADES (1920s-1950s)

*Gus Mollasis*

Four iconic Hollywood films from the 20s, 30s, 40s and 50s, depicting great stories, stars, and directors that have stood the test of time will be viewed and discussed. The late 1930s and early 1940s comprise what has come to be known as Hollywood's Golden Age. What films will Gus pick to enlighten and entertain you? We invite you to join him and find out! Gus never shows the same film twice so rest assured that if you have enjoyed this program in the past you can return for more of his great picks that always provoke stimulating discussions.

*See Biographical Sketch on page 4.*

**1:00-4:00 PM**                      **Mondays**                      **Begins: 1/2**                      **Ends: 1/30**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

Note: No class Monday, January 16.

### **WM11** HOLLYWOOD ICONS THROUGH THE DECADES (1960s-1980s)

*Gus Mollasis*

View and discuss three iconic Hollywood films from the 60s, 70s, and 80s that Gus will choose to enthrall you. The 1960s and 70s are considered to be Hollywood's Second Golden Age, also known as New Hollywood, the Hollywood Renaissance, or American New Wave. Many movie scholars will tell you that the 1970s were the greatest decade of film! The 1980s brought new and exciting "high-concept" films that became modern classics. Join Gus for some entertaining cinema and have an enjoyable afternoon!

*See Biographical Sketch on page 4.*

**1:00-4:00 PM**                      **Mondays**                      **Begins: 2/6**                      **Ends: 2/27**  
**Three sessions**                      **Members \$60**                      **Non-Members \$70**

Note: No class Monday, February 20.

### **A SPECIAL PACKAGE PRICE FOR WM10 AND WM11!**

### **WM12** HOLLYWOOD DECADES (1920s-1950s) + (1960s-1980s)

*Gus Mollasis*

For Course Descriptions see above.

**1:00-4:00 PM**                      **Mondays**                      **Begins: 1/2**                      **Ends: 2/27**  
**Seven sessions**                      **Members \$115**                      **Non-Members \$120**

Note: No classes on Monday, January 16 and Monday, February 20.

## MONDAY (CONT.)

### **WM13** BEGINNING BRIDGE I

*Larry Auerbach*

This course reviews fundamentals and is for players with some knowledge of the game.

*See Biographical Sketch on page 3.*

**3:00-4:30 PM**                      **Mondays**                      **Begins: 1/9**                      **Ends: 2/27**  
**Eight sessions**                      **Members \$115**                      **Non-Members \$125**

### **PRIVATE PIANO LESSONS!**

*Betsy Tomasso*

You can have fun learning to play the piano at any age. Learn to read music and play the “easy way” with eight private, 30-minute sessions. Enhance your memory, brain power, and hand-eye coordination. Play your favorite songs, all styles, and enjoy the sound of the music—it’s good for your soul! Take advantage of this unique offering at The Education Center to tickle the ivories. Betsy had very happy students last season with a waiting list, so we added more classes.

*Betsy Tomasso, a piano instructor for 22 years, specializes in adult education. She has taught private lessons in Santa Barbara, CA, Cambridge, MA, and Glastonbury and East Hartford, CT. She was a classical piano major at the Longy School of Music, Cambridge, MA, and a student of the late concert pianist Dusi Mura of Santa Barbara and Santa Monica, CA. Betsy enjoys teaching all types of music.*

### **PRIVATE PIANO LESSONS**

**See Times/Codes Below**                      **Mondays**                      **Begins: 1/9**                      **Ends: 2/27**  
**Eight sessions**                      **Members \$280**                      **Non-Members \$320**

**WM14**    **1:00-1:30 PM**

**WM15**    **1:30-2:00 PM**

**WM16**    **2:15-2:45 PM**

**WM17**    **2:45-3:15 PM**

**WM18**    **3:15-3:45 PM**

**WM19**    **4:00-4:30 PM**

**WM20**    **4:30-5:00 PM**

## TUESDAY

### **WT1** QIGONG FOR HEALTH & VITALITY

*Dr. Brian Nell*

For Course Description see page 4.

**9:00-10:00 AM**                      **Tuesdays**                      **Begins: 1/10**                      **Ends: 2/28**  
**Eight sessions**                      **Members \$95**                      **Non-Members \$110**

**Note:** Students can join at any time on a pro-rated basis if space permits.

**Questions? (941) 383-8222**  
**e-mail: [edcenter@longboatkeytemple.org](mailto:edcenter@longboatkeytemple.org)**

## TUESDAY (CONT.)

**WT2**

### LET'S GO BIRDING!

*Kathy Doddridge*

Sarasota and Manatee counties have a wide variety of birds, which you will learn to identify in their natural habitat. The first meeting will be held on Zoom and cover birding basics. Over the next three weeks you will continue learning about birds while in the field. Details and field trip locations will be given at the first Zoom meeting. Please note that the first meeting will be at 9:00 AM but field trip times will vary and more than likely be at 8:00 or 8:30 AM. Binoculars are a must. Each trip will consist of about a mile of pleasantly paced walking. New and returning birders have exciting outings every year in this popular course. All field trips are subject to rain dates. For Birding on Tuesdays in March see page 53.

*Kathy Doddridge is a retired communications director having worked at NCR Corporation for 23 years. She is an enthusiastic birder who learned from some of the best birders in Sarasota and Manatee counties. For the last six years she was the top e-Birder in Manatee county tallying over 240 species in each year. She serves as compiler for the National Audubon Christmas Bird Count—Bradenton Circle, leads field trips for local groups and Manatee Audubon, and is an accomplished photographer.*

**9:00-10:30 AM** (1<sup>st</sup> CLASS)  
**Four sessions**

**Tuesdays**  
**Members \$85**

**Begins: 2/7**  
**Non-Members \$95**

**Ends: 2/28**

**WT3**

### FUN WITH CRAFTS

*Louise Forman*

Have you ever thought about making crafts? If so, this is the class for you! This is a fun, hands-on class. Beginner, or not, in each class you will be taught and guided to complete one-of-a-kind projects such as decoupage picture frames, eggshell mosaic jewelry and more. At the end of each class, you will have a finished project that you can either enjoy yourself or give as a special gift. Materials will be provided. Class size is limited.

*Louise Forman is a graduate of the Traphagen School of Art and Design in New York City, with an extensive background in fashion and illustration. For the past 20 years, Louise has created a business in crafting where she sells her goods to specialty shops in New York and New Jersey, as well as teaching craft classes in a variety of settings.*

**10:00 AM-12:00**  
**Four sessions**

**Tuesdays**  
**Members \$135**

**Begins: 1/10**  
**Non-Members \$145**

**Ends: 1/31**

**ZOWT4**

### BURNING ISSUES IN THE SUPREME COURT — 2022 TOP CASES

*Zoom Only Bill Cotter, J.D.*

The Supreme Court now has a solid 6-3 Conservative supermajority. Bill will first explore what this may mean for the rule of law and the roles that Justices Amy Coney Barrett, appointed by President Trump, and Ketanji Brown Jackson, appointed by President Biden, will likely play in future decisions. He will then discuss leading cases decided last term. These concern: abortion, gun rights, voting rights, freedom of religion, free speech, malicious prosecution of police officers, death penalty for the Boston Marathon Bomber, tribal rights, school prayer, and the Miranda warning. This seminar-style course has limited enrollment for students who want homework (there are required readings) and vigorous and respectful discussion is encouraged. All the cases are new and prior participants are most welcome. Bill will also give his perennial favorite, traditional lecture-type, two-session series in February, which will be a shorter version of this in-depth course and will have no assigned readings. (See page 15).

*Bill Cotter is a graduate of Harvard College and Harvard Law School and was president and professor of constitutional law at Colby College for 21 years. He was then the founding president of the Oak Foundation in Geneva, Switzerland. Prior to Colby, Bill was president of the Africa-America Institute, Ford Foundation Representative for Colombia and Venezuela, a White House Fellow with President Johnson, an associate attorney on Wall Street, an assistant attorney general ("Crown Counsel") in Nigeria, and a law clerk to a Federal District Judge in the Southern District of New York. He has taught constitutional law at lifelong learning institutions in Florida and Massachusetts for several years.*

**11:00-12:30 PM**  
**Four sessions**

**Tuesdays**  
**Members \$75**

**Begins: 1/10**  
**Non-Members \$85**

**Ends: 1/31**

## TUESDAY (CONT.)

### **ZOWT5** THE GOLDEN AGE OF HOLLYWOOD MUSIC

Mark Kroll

### **ZOWT5\*** Zoom Only

This two-part series will cover the music composed for cartoons and movies during Hollywood's Golden Age. You will watch, discuss, listen, and laugh as you learn about the musical mastery of the composers who made all the difference in the films for which they wrote music.

#### **Part One — Tunes for “Toons”**

Try to imagine cartoons (or “toons” as they are fondly called) without music. Impossible. They wouldn't be nearly as effective or entertaining. Mark will discuss the music composed for cartoons made during its Golden Age from 1930 to 1960, when Hollywood animation studios like Warner Bros., MGM, Lantz, and Fleischer Studios, spent a great deal of effort and money in hiring composers to write scores or adapt excerpts from the classical, opera, and jazz world. Mark will also talk about the amazing composers Carl Stalling and Scott Bradley and highlight one of the most popular cartoons ever created, “Warner's “What's Opera, Doc?”

#### **Part Two — Music for the Movies**

Music in a film establishes setting, creates atmosphere, evokes emotions, calls attention to elements, reinforces, or foreshadows narrative development, gives meaning to a character's actions or translates his or her thoughts. And think of how many times you have viewed a film with memorable music still stirring your soul as you leave the theater. The list of excellent film composers is impressive. Some composers and their music that Mark will cover include: Max Steiner (“Since You Went Away”), Erich Korngold (“Anthony Adverse”), Bernard Herrmann (“Psycho”), Alfred Newman (“Love Is A Many-Splendored Thing”), Milos Rozsa (“Ben-Hur”), Franz Waxman (“Sunset Boulevard”), Dimitri Tiomkin (“High Noon”), and many more! Note: For those students who wish to see Mark zoomed on a big screen rather than on their devices at home, we will Zoom his presentations at The Education Center at TBI. When registering for this option, use the code with the asterisk, ZOWT5\* if you wish to come in person.

*Mark Kroll, Professor Emeritus, Boston University, has been able to balance performing, teaching and scholarship throughout his career. A noted authority on performance practice, Mr. Kroll has published seven books and numerous scholarly articles; his new book, The Companion to the Harpsichord, was published by Cambridge University Press this year. Acclaimed as one of the world's leading harpsichordists and fortepianists, he served as harpsichordist for the Boston Symphony since 1979 and has just released the tenth and final CD of his complete set of the harpsichord works by François Couperin for Centaur Records.*

**11:00 AM-12:30 PM**      **Tuesdays**      **Begins: 2/21**      **Ends: 2/28**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

### **ZOWT6** BURNING ISSUES IN THE SUPREME COURT — 2022 TOP CASES

Zoom Only Bill Cotter, J.D.

For Course Description see page 14. Bill Cotter will lead a four-session seminar-style course in January as well as this two-part lecture series in February. Both will cover the same cases. The four-session course in January (Tuesdays from 11-12:30 PM, see page 14), will have limited enrollment, and there will be advance reading assignments with adequate time for class debate. This two-part lecture series covers the material more rapidly and, as a result, there is some, but less, time for discussion. **Register early!** This perennial favorite always sells out.

*See Biographical Sketch on page 14.*

**11:00 AM-12:30 PM**      **Tuesdays**      **Begins: 2/7**      **Ends: 2/14**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

## TUESDAY (CONT.)

**WT7**

**MEMORABLE MOVIE SCENES — *To Enjoy Again!***

*Gus Mollasis*

**ZAWT7**

**Zoom Available**

This is a brand-new course for Gussie “Spielberg” that we know you will enjoy! Gus will collect clips of unforgettable movie scenes that you can watch together and discuss either at home on Zoom or in person in the classroom at The Education Center at TBI. You will relive the great movie scenes and enduring one-liners that made us laugh or cry, helped change the way we think, or made a difference in how we perceive our society and the world! Remember Robert De Niro’s famous line, “You talkin’ to me?” from the movie *Taxi Driver*? It instantly became one of the most memorable lines in movie history. People still repeat it. There’s a story behind that line! Come join the fun and share the nostalgia.

*See Biographical Sketch on page 4.*

**1:00-2:30 PM**

**Tuesdays**

**Begins: 1/10**

**Ends: 2/28**

**Eight sessions**

**Members \$120**

**Non-Members \$130**

**ZOWT8**

**EXPRESS YOURSELF THROUGH WRITING**

**Zoom Only** *Ronni Miller*

This fun, hands-on, workshop-style course is designed for people who wish to experience the creative enjoyment of expressing themselves through writing whether it’s memoir, fiction, poetry, or journaling. Write to document, to enjoy, to heal, to publish, or to entertain. Novice and professional writers, new and returning students, all are welcome to share their writing in a creative and supportive atmosphere with guidance and encouragement. Class work consists of motivating, warm-up writing exercises and readings of assignments or works-in-progress.

*Ronni Miller, founder and director of Write It Out®, a motivational and expressive writing program for students of all ages established in 1992, is a published, award-winning author of short stories, a playwright, editor, workshop leader, and educator who has written seven books for adults and children. Her Write It Out® program is endorsed by James W. Pennebaker, Ph.D., leading researcher in the field of expressive writing. She is national 4<sup>th</sup> VP of the National League of American Pen Women.*

**1:00-3:00 PM**

**Tuesdays**

**Begins: 1/10**

**Ends: 2/28**

**Eight sessions**

**Members \$145**

**Non-Members \$155**

**WT9**

**AT THE MOVIES**

*Gus Mollasis*

**ZAWT9**

**Zoom Available**

For Course Description see page 5.

**3:00-4:30 PM**

**Tuesdays**

**Begins: 1/10**

**Ends: 2/28**

**Eight sessions**

**Members \$120**

**Non-Members \$130**

*Join us for Lecture Series 2023 every Tuesday at 3 PM. Pages 47 to 51.*

## NEW ORLEANS JAZZ NIGHTS

**Kid Dutch** returns with his exceptional guest jazz artists. Don’t miss these popular concerts!

### Two Tuesday Jazz Nights

**JAZZ1**

**Tuesday, January 24, 8-10 PM**

**JAZZ2**

**Tuesday, February 7, 8-10 PM**

MEMBERS \$20 NON-MEMBERS \$25

To assure your spot and avoid lines at the entrance, please consider registering in advance if possible. We do not accept cash. Check or credit card please.

## WEDNESDAY

**WW1**

### YOGA POTPOURRI

*Bianca Clyburn and Tama Tasley*

For Course Description see page 5.

**9:00-10:00 AM**      **Wednesdays**      **Begins: 1/4**      **Ends: 2/22**  
**Eight sessions**      **Members \$95**      **Non-Members \$110**

**Note:** Students can join at any time on a pro-rated basis if space permits.

### WATERCOLOR, ACRYLIC, PASTELS, OILS

*Renee DiNapoli*

For Course Description see page 5.

**WW2**

### WATERCOLOR ETC. — SECTION ONE

**9:00-11:30 AM**      **Wednesdays**      **Begins: 1/4**      **Ends: 1/25**  
**Four sessions**      **Members \$165**      **Non-Members \$175**

**WW3**

### WATERCOLOR ETC. — SECTION TWO

**9:00-11:30 AM**      **Wednesdays**      **Begins: 2/1**      **Ends: 2/22**  
**Four sessions**      **Members \$165**      **Non-Members \$175**

**WW4**

### WATERCOLOR ETC. — SECTIONS ONE & TWO

**9:00-11:30 AM**      **Wednesdays**      **Begins: 1/4**      **Ends: 2/22**  
**Eight sessions**      **Members \$285**      **Non-Members \$295**

(Note discount if taking both sections.)

*Limited Enrollment*

**WW5**

### MINDFULNESS MEDITATION

*Ruth Fishel*

**ZAWW5**

**Zoom Available**

Bring more patience, balance, equanimity, and joy to your life, enriching your life on all levels. Scientific studies have proven that mindfulness meditation can improve memory, blood pressure, sleep, and overall health and well-being, no matter the age you begin to practice. This class will include helpful instructions in meditation, journaling, and the power of affirmations. Wear comfortable clothing. Experienced and novice meditators welcome. Ruth will also continue with another four weeks in March. (See page 54.)

*Ruth Fishel, M.Ed., is an internationally known author, meditation teacher, retreat, and workshop leader. Her books include the best-selling Time for Joy, Living Light as a Feather, Change Almost Anything in 21 Days, Peace in My Heart, Peace in the World, Wrinkles Don't Hurt, The Joy of Aging Mindfully, and Time For Me. Ruth has helped thousands of people feel better about themselves spiritually, mentally, and physically.*

**9:00-10:30 AM**      **Wednesdays**      **Begins: 1/4**      **Ends: 2/22**  
**Eight sessions**      **Members \$120**      **Non-Members \$130**

***STAY IN THE KNOW*** — Make sure the office has your **email address** so we can email you with program updates and announcements of special programs and events that are not in the brochure, including daytrips and field trips. Also, check the electronic bulletin board in the hallway next to the library for upcoming events. The new bulletin board is part of the Canandaigua National Trust Company's generous sponsorship. Take a look at their ad on the inside back cover of the brochure.

**NOTE: RECEIPTS FOR REGISTRATIONS AND MEMBERSHIPS, AS WELL AS ZOOM LINKS, WILL BE SENT BY E-MAIL**

## WEDNESDAY (CONT.)

**WW6**

### SOCIALISM VS. CAPITALISM

*Charles Lieberman*

**ZAWW6**

Zoom Available

What is socialism? By definition, it is the ownership of the means of production by the state instead of by private individuals. Symmetrically, capitalism is the ownership of production by the private sector. Under socialism, it is the state that decides what to produce, how to produce it, where to produce it and how to price it. Political objectives displace the profit motive. Under capitalism, private owners decide these same questions, but they are motivated by the incentive to maximize profits. Both systems have weaknesses. This two-part series will present both the advantages and disadvantages of socialism in contrast to those of capitalism. The most fundamental question about socialism is whether it can work for any economy. All these issues will be discussed, and audience participation will be invited.

*Dr. Charles Lieberman is a founder and chief investment officer for Advisors Capital Management L.L.C., an independent investment advisory firm, serving financial advisors and private clients throughout the country. He earned a B.S. in economics from MIT and a Ph.D. in economics from the University of Penn. After several years as an academic, Dr. Lieberman joined the Federal Reserve Bank of N.Y as head of its monetary analysis staff. After stints at Morgan Stanley and Shearson, he joined Manufacturers Hanover as chief economist and head of research, posts he retained through the mergers with Chemical and Chase. He sat on the bank's Markets Committee, which was responsible for interest rate, and currency risk management and consulted with senior government officials and portfolio managers of some of the largest financial institutions in the world. Frequently quoted in the media, he also serves as head of the Endowment Committee of Temple Beth Israel.*

**11:00 AM-12:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 1/4**  
**Non-Members \$45**

**Ends: 1/11**

**WW7**

### INDISPENSABLE NATION?

*Robert J. Lieber*

**ZAWW7**

Zoom Available

Since 1945 the United States has played a unique role in creating and sustaining a rules-based world order. At its peak, that position of global leadership, led to its being cited as the "Indispensable Nation." That role, and America's active engagement abroad has been praised and criticized, but is it still relevant to foreign policy in the 21<sup>st</sup> Century world? In this two-part program, Robert Lieber delves into the subject by asking three questions based on his new book *Indispensable Nation* published in September 2022. *First*, is America still the world's indispensable nation? *Second*, if so, in a world where great power conflict has reemerged and it faces greatly empowered rivals, especially China, does it retain the capacity to play that role? In particular, in view of deep-seated changes in its politics, society and culture, does the U.S. possess the domestic basis on which to sustain such a role? And *third*, if America no longer possesses that ability, what are the likely consequences, not only for the fate of other countries and regions, but for our own security, interest, and values? Q&A will follow each lecture.

*Robert J. Lieber is emeritus professor of government and international affairs at Georgetown University, where he previously served as chair of the Government Department. He is author or editor of 18 books on international relations and U.S. foreign policy. His latest book is, Indispensable Nation: American Foreign Policy in a Turbulent World. His articles and op-eds have appeared in journals and newspapers in the U.S., Europe, the Middle East, and Asia, and his media appearances have included major networks and programs at home and abroad. He also served as an advisor to several presidential campaigns, to the State Department, and to the drafters of U.S. National Intelligence Estimates.*

**11:00 AM-12:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 1/18**  
**Non-Members \$45**

**Ends: 1/25**

## WEDNESDAY (CONT.)

### LITERARY GEMS

*Randi Kreiss*

"We need to talk. And we need to talk about books. After isolation, polarization, and not nearly enough conversation, I am so looking forward to this winter book group," says Randi. Please join her for a stimulating, friendly, and focused gathering. Have fun reading and discussing important writers, the best fiction and nonfiction, and connecting it all to the world we live in today. "Great books ground us, and give us wings," Randi says. Sign up for one section or both. **Note: We may offer Randi's course in person as well as on Zoom if Covid-19 abates.**

*Randi Kreiss is a longtime book group facilitator with an MS in English/Education from Queens College in New York and a BS from NYU. She is a journalist, literary commentator, and public speaker. She is the former editor of the Herald Community Newspapers in New York, and her ongoing award-winning weekly column can be read online at [www.liherald.com](http://www.liherald.com). Just follow the links to the opinion pages. Randi has taught her popular Literary Gems course for many years!*

#### **ZOWW8**

#### LITERARY GEMS — PART ONE: HOLDING HANDS AS WE READ

Zoom Only

Talking about literature as we wind our way through these interesting times, feels like a privilege, and a joy. These books, anchored in other times and places, break down walls and let the sunshine in. They will bring us together to explore, to laugh and to connect. Books in order of discussion include: *Lila*, by Marilyn Robinson; *The Glass Hotel* by Emily St. John Mandel; *The All of It* by Jeanette Haien; and *Drive Your Plow Over the Bones of the Dead* by Olga Tokarczuk

**11:00 AM-12:15 PM**

**Wednesdays**

**Begins: 1/4**

**Ends: 1/25**

**Four sessions**

**Members \$75**

**Non-Members \$85**

#### **ZOWW9**

#### LITERARY GEMS — PART TWO: A SUMPTUOUS BUFFET OF BOOKS

Zoom Only TO SAVOR

Dine on this diverse buffet of prize-winning, highly lauded fiction. Books in order of discussion include: *The Sea* by John Banville; *The Prime of Miss Jean Brodie* by Muriel Spark; *The Vanishing Half* by Brit Bennett; and *Fortnight in September* by R.C. Sheriff. Whatever your taste, you will find something to relish.

**11:00 AM-12:15 PM**

**Wednesdays**

**Begins: 2/1**

**Ends: 2/22**

**Four sessions**

**Members \$75**

**Non-Members \$85**

#### **ZOWW10**

#### LITERARY GEMS — PARTS ONE & TWO

Zoom Only

**11:00 AM-12:15 PM**

**Wednesdays**

**Begins: 1/4**

**Ends: 2/22**

**Eight sessions**

**Members \$130**

**Non-Members \$150**

*(Note price break for taking both sections.)*

## WEDNESDAY (CONT.)

### **WW11** AMERICA AND THE WORLD IN 2023

*Gary Massel, Ph.D.*

### **ZAW11** Zoom Available

Over the past few years, this course has focused on two principal challenges to America and our guiding political and foreign policy value of liberal democracy. These are: China's economic and military growth and the threats it poses principally in Southeast and East Asia; and the growth of illiberal democracies around the world led by China and Russia. During this past year, Russia's clearly unwarranted attack on Ukraine has provided very direct evidence of the reality and significant risks of these challenges. In this two-session program, discussions will center on how this war brings the reality and danger of these challenges into very sharp focus. We welcome Gary back for the 2023 season as he was unable to present his program in 2022. His popular course was a staple at the former Longboat Key Education Center for many years.

*Dr. Gary Massel has a Ph.D. in physics and 31 years of experience in the federal government and in private industry. After graduation he worked at the Institute for Defense Analysis and then for the Office of the Secretary of Defense. He served on the first SALT (Strategic Arms Limitation Treaty) team and then became director of Land Forces Planning and director of Naval Forces Planning. After leaving the government for private industry, he continued to maintain a strong interest in foreign policy and cultural and political histories of major world regions. He has taught America and World for a number of years at The Longboat Key Education Center where it became a perennial favorite.*

**11:00 AM-12:30 PM**      **Wednesdays**      **Begins: 2/1**      **Ends: 2/8**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

### **WW12** POETS OF THE THIRD DIMENSION —

#### ***Six Great Renaissance Sculptors***

*Kevin Costello*

### **ZAWW12** Zoom Available

The life and work of six of the most significant Italian sculptors of the 15<sup>th</sup> through the 17<sup>th</sup> centuries will be highlighted and presented in this two-part PowerPoint series—Jacopo della Quercia (1374-1438), Donatello (1386-1466), Andrea del Verrocchio (1435-1488), Michelangelo (1475-1564), Benvenuto Cellini (1500-1571), and Gian Lorenzo Bernini (1598-1680). These men were all born into turbulent social and political times, expressing their era with visionary ideas that would eventually change the visual concept of the human figure for all time. Their figures expressed profound passions and a heroic sense of self-dynamics of the human experience. Each artist is a quixotic original in technique and design, all giants of their trade and poets of form. Join Kevin, learn and enjoy their art!

*Kevin Costello graduated Chelsea School of Art and University of London's Goldsmiths College with degrees in fine art and art history. Kevin is a studio artist and has taught painting, drawing, sculpture, and art history at the San Francisco Academy of Art, the San Francisco Museum of Art, and the Ringling College of Art and Design. He was the art and architecture correspondent for the Sarasota Herald Tribune for eight years. He is a noted lecturer in art and humanities and his company Art Vue conducts national and local museum and gallery tours. Kevin taught his popular art and history courses at the former Longboat Key Education Center from the day its doors opened in 1985!*

**11:00 AM-12:30 PM**      **Wednesdays**      **Begins: 2/15**      **Ends: 2/22**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

## WEDNESDAY (CONT.)

### **WW13** DID THE SUPREME COURT ACTUALLY RULE THAT?

*Gayle Lewis, J.D.*

#### **ZAWW13** Zoom Available

This historical overview of Supreme Court rulings will exemplify some truly horrendous decisions in cases affecting its citizens' (persons') most sacred and fundamental rights. The first landmark case decided by the Court in *Marbury v. Madison* (1803) proposed that, "any law repugnant to the constitution is void." Such high principles went out the window in certain cases that will be discussed in the first half of this series involving the legal rights of the most vulnerable people in our country: African Americans, working children, mentally deficient people and Japanese persons living in the USA during World War II. The second half will look at what the Supreme Court did to the money damage award (2.5 billion dollars) against Exxon Mobil Corporation for causing one of the worst environmental disasters of our time. Finally, Gayle will discuss the immense power of the court in its decision of *Bush v. Gore* and the impact of *Citizens United v. FEC*, which opened the door in allowing enormous amounts of money to flow into political contributions. This program promises to elicit active audience participation!

*Gayle Lewis, after graduating Rutgers Law School, became an assistant attorney general in the Commonwealth of Pennsylvania's Justice Department specializing in health insurance issues. She then became special assistant to the Pennsylvania Insurance commissioner and finally regional director and senior deputy administrator of Pennsylvania's Panels for Health Care, a state-mandated arbitration system that controlled 2500 medical malpractice cases. She founded the Lewis Law Firm in 1981 with a private practice limited to medical malpractice, defective medical products, and pharmaceuticals. Ms. Lewis has lectured and written on medical legal issues and is an adjunct professor of trial advocacy at Rutgers Law School in Camden, New Jersey.*

**1:00-2:30 PM**

**Wednesdays  
Members \$40**

**Begins: 1/4**

**Ends: 1/11**

**Two sessions**

**Non-Members \$45**

### **WW14** TRAGEDY, LOSS, AND THE AFTERLIFE

*Ed Dwyer*

This four-session seminar focuses on Rabbi Harold Kushner's *Why Bad Things Happen to Good People* and George Saunders' *Lincoln in the Bardo* (the Bardo is a Tibetan concept similar to the Christian concept of a limbo). Both Rabbi Kushner and President Lincoln lost young sons. Rabbi Kushner discusses the tragedy, the coping with the loss and the question of whether there is an after-life in his best-selling, non-fiction work; George Saunders does likewise in this best-selling work of fiction. Please purchase these two books on your own and come to the first class having read Rabbi Kushner's *Why Bad Things Happen to Good People*. This seminar is extraordinarily participant friendly.

*See Biographical Sketch on page 9.*

**1:00-2:30 PM**

**Wednesdays  
Members \$75**

**Begins: 1/4**

**Ends: 1/25**

**Four sessions**

**Non-Members \$85**

### **WW15** YOU'VE GOT TO SEE THIS MOVIE! — *STREAM IT!*

*Kathie Moon*

#### **ZAWW15** Zoom Available

For Course Description see page 6. The difference with this course from Kathie's other You've Got To See This Movie courses will be that Kathie will find and select quality movies for students to stream and watch at home instead of movies showing in the local theatres. Then students can join her on Zoom or in person for the subsequent discussions. Kathie will notify all registered students for movie assignments. They will also be available on our website.

**1:00-2:30 PM**

**Wednesdays  
Members \$120**

**Begins: 1/4**

**Ends: 2/22**

**Eight sessions**

**Non-Members \$130**

**Note:** For Kathie's regular You've Got To See This Movie course in the Winter Term, see page 25.

## WEDNESDAY (CONT.)

### **WW16** THE ARTISTS WHO SHOCKED PARIS

*Jean Joseph Renoux*

#### **ZAWW16** Zoom Available

Students will enjoy a stimulating account of the life and work of some of the best-known expatriate artists of early twentieth century Paris—Chagall, Modigliani, Pascin, and Soutine, who challenged the growing anti-Semitism and xenophobia of Europe in the 1920s and 1930s through their contributions to modern art and culture. These two talks will impart fascinating insights into the creative and inspired achievements of these radical Jewish outsiders who lived eccentric and sometimes shocking lives, frequenting the cafés and bistros of Montmartre and Montparnasse, and whose names have become synonymous with Paris between the two world wars.

*Jean Joseph Renoux, interior designer and art and architecture historian, has been presenting history and art history programs and lectures for over 27 years throughout the U.S. He leads group excursions to Europe, particularly Prague and throughout France, to explore its art, architecture, and history. He has also worked with filmmaker Louis Malle. Jean taught at the former Longboat Key Education Center for over 25 years.*

**1:00-2:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 1/18**  
**Non-Members \$45**

**Ends: 1/25**

### **WW17** TAKE CHARGE OF YOUR LIFE — AT ANY AGE!

*Herb Cohen, Ph.D.*

#### **ZAWW17** Zoom Available

This course is designed to help you make positive changes to improve the quality and length of your life and to increase joy. It will examine techniques for overcoming stress and developing the coping skills necessary for dealing with everyday problems as well as life's more severe challenges. Students will explore factors that are associated with happiness and better health as people age and study five key elements of longevity. How to maintain healthy relationships and how to tolerate anger, sorrow, and fear will also be discussed. It's never too late to take charge of your life!

*Dr. Herb Cohen is a psychologist and marriage and family therapist. He taught at New York University and the State University of Purchase. Dr. Cohen received his doctorate degree from Columbia University (NY) and is the author of Snap Out of It, a book dealing with stress, addictions, and anxiety. He has been in practice over 50 years in Greenwich and Stamford, CT.*

**1:00-2:30 PM**  
**Four sessions**

**Wednesdays**  
**Members \$75**

**Begins: 2/1**  
**Non-Members \$85**

**Ends: 2/22**

**Questions? (941) 383-8222**  
**e-mail: [edcenter@longboatkeytemple.org](mailto:edcenter@longboatkeytemple.org)**

## WEDNESDAY (CONT.)

### **WW18** THE MOSES SCROLL

*Ken Hanson, Ph.D.*

### **ZAWW18** Zoom Available

In the late 1800s a Jerusalem shopkeeper and antiquities dealer claimed to have purchased a series of ancient parchments from Bedouin living east of the Dead Sea, where they found them in a cave. The text, known simply as the Moses Scroll, if genuine, could be the most important biblical manuscript find of all time. Dr. Hanson's first presentation focuses on the story of discovery in which the fragments mysteriously vanished. If they someday resurface, the world of biblical scholarship will literally be turned on its head! His second presentation will pose fascinating questions. If the Moses Scroll is what some scholars think it is, how do its mysterious contents change our understanding of the biblical text, and of Moses himself? Do we actually have two different commandments among the Ten? The textual detective saga tackles these and many other questions. Dr. Hanson always makes scholarly endeavors a great learning adventure with his animated delivery!

*Dr. Ken Hanson, Director, Interdisciplinary Program in Judaic Studies, University of Central Florida, is an associate professor and teaches in the Judaic studies program. He has also taught philosophy and religion at Rollins College, Winter Park, Florida. He earned a master's degree in international/inter-cultural communication and went on to earn a doctorate in Hebrew language and literature from the University of Texas at Austin. His multiple books and appearances on syndicated radio and national television (including "The History Channel" and "The Travel Channel") have brought his unique insights into everyone's world. Dr. Hanson's exceptional theatrical style of presentation never fails to captivate and engage his audience.*

**1:00-2:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/1**  
**Non-Members \$45**

**Ends: 2/8**

### **WW19** THE 2020s AND THE 21<sup>ST</sup> CENTURY

*David Houle*

### **ZAWW19** Zoom Available

Futurist David Houle continues this season with his popular programs about the 2020s. In this season's two-part series, Houle looks at the big dynamics that will define this century and why the 2020s have disproportionate importance. We are in a historic transition from what was to what will be. Future historians will look back at this time as the time humanity had to finally let 20<sup>th</sup> century thinking go to embrace the overwhelming problems of the 21<sup>st</sup>. This is a riveting, very high level, long-term view of where humanity is and where we are all going! Houle is writing a series of books on the 2020s and may have a new book in the series published by this February program. Here is the link to this series of books: <https://the2020sdecade.com>. Please bring any copies of David's books with you to class and he will gladly sign them for you.

*David Houle is a globally recognized futurist. He has given speeches on six continents. He spent over 20 years in media and entertainment, working with NBC, CBS, and as part of the senior team that created and launched MTV, Nickelodeon, VH1, and CNN Headline News. He has a highly regarded futurist blog [www.evolutionshift.com](http://www.evolutionshift.com) and has written 13 books, including his influential first book *The Shift Age* published in 2007 and his latest book, co-authored with James Fathers, titled *The 2020s: The Golden Age of Design and Redesign*. Houle is currently serving as futurist in residence at Ringling College of Art and Design. In 2017 he co-founded "The Sarasota Institute," a 21<sup>st</sup> century think tank where he is the managing director.*

**1:00-2:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/15**  
**Non-Members \$45**

**Ends: 2/22**

## WEDNESDAY (CONT.)

**WW20**

### A PICTURE OF MY LIFE AS A PROFESSIONAL PHOTOGRAPHER

*Cliff Roles*

**ZAWW20**

Zoom Available

Cliff Roles will present two talks highlighted with his amazing photography!

#### **Part One - The Society and Production Photographer**

Cliff will engage you with stories and photographs covering his more than 15 years of photographing the movers and shakers of South-West Florida, particularly the locals, at their fundraising events to raise money for the over 2,500 nonprofit organizations in Sarasota and Manatee counties. He will also highlight his work for the productions of our state theatre, the Asolo Repertory.

#### **Part Two - The Walkabouts – Where in the World is Cliff?**

Since 2013 Cliff has travelled the world every summer to capture new people, their cultures and traditions, and the breathtaking landscapes of their countries. With informative commentary and wonderful photos, Cliff will engage you with his photographic journeys that include Europe (including the Nordic countries of Denmark, Finland, Iceland, Norway and Sweden), Serbia, Antarctica, Australia, New Zealand, Cuba, China, Hong Kong, Tibet, Pacific Northwest, Patagonia, Argentina, Thailand and more! Cliff will bring his coffee table book *Walkabout Europe* for optional purchase and signing.

*Cliff Roles, Sarasota's premier event, theatrical production, landscape, performance, travel, portrait, and society photographer is well known in Sarasota for appearing at and photographing all of Sarasota's major social events. He is also an award-winning actor and radio show host and author of the coffee table book Walkabout Europe, a book of photos from his extensive European travel. A native of the United Kingdom, he lived in Germany for 28 years, 16 of which were spent promoting pop and rock luminaires, including Elton John, Bon Jovi, and Celine Dion.*

**3:00-4:30 PM**

**Wednesdays**

**Begins: 1/4**

**Ends: 1/11**

**Two sessions**

**Members \$40**

**Non-Members \$45**

**WW21**

### THE LATEST SCIENCE FOR OPTIMAL HEALTH AND FITNESS

*Steve Schewe*

**ZAWW21**

Zoom Available

Some say don't question science, but as science learns more, the answers to our questions change. This two-part series will address and discuss the latest and most relevant scientific research giving you all the "correct answers" to your questions about your fitness routines and nutrition.

#### **Part One - Are You Getting the Most From Your Fitness Routines?**

What's the latest science on the best fitness routine? Why is resistance training for optimal health needed? How can you get results at home with minimal equipment?

#### **Part Two- Facts, Myths, and Misconceptions About Nutrition**

New research shows that most humans don't meet their protein intake requirements. Protein isn't just for our muscles; it's needed for our brain and every hormone, gland, and organ, including our skin. How much do we need? What myths and misconceptions persist? Not all carbs are created equal! We must have fats in our diet. Which ones are needed, and which aren't our friends? Which foods should be organic and which ones aren't of concern and why?

*Steve Schewe is one of the first certified personal trainers in America, with over four decades of education and experience. He is a UCLA certified fitness instructor, FAI certified functional aging specialist, and ASFA certified in senior fitness instruction. He was voted #1 fitness instructor in the AMI Sun Readers' Choice Awards, has been featured in the Longboat Observer's "Health Matters, and Bradenton Herald's "Faces in Health." In the past few years Steve has completed 43 certification and health courses including "I Am Ageless Now," "Using Function to Avoid Dysfunction in Aging," and "Holistic Nutrition." Concerned with the well-being of his clients, he uses an individually tailored, holistic approach to helping people, and bases the program for each client on his or her specific conditions, goals, and nutritional needs.*

**3:00-4:30 PM**

**Wednesdays**

**Begins: 1/4**

**Ends: 1/11**

**Two sessions**

**Members \$40**

**Non-Members \$45**

## WEDNESDAY (CONT.)

### **WW22** YOU'VE GOT TO SEE THIS MOVIE!

*Kathie Moon*

### **ZAWW22** Zoom Available

For Course Description see page 6.

**3:00-4:30 PM**

**Wednesdays**

**Begins: 1/4**

**Ends: 2/22**

**Eight sessions**

**Members \$120**

**Non-Members \$130**

Note: Check out Kathie's streaming course offered earlier in the day from 1-2:30 PM (page 21).

### **WW23** WE'LL TAKE MANHATTAN AND BOARD THE CHATTANOOGA CHOO CHOO

*Dan Fine*

### **ZAWW23** Zoom Available

Dan will entertain you and evoke pleasurable nostalgia by playing the memorable music of Rodgers and Hart and Harry Warren. Rodgers and Hart were an American songwriting partnership. They worked together on 28 stage musicals and wrote more than 500 songs from 1919 until Hart's death in 1943. Enjoy hearing "Blue Moon," "With a Song in My Heart," "Manhattan," and many more. Harry Warren's name may be unfamiliar to many people, but he wrote more successful movie songs than any other popular composer—over 800! He was nominated for 11 Oscars. Wonderful tunes like "Chattanooga Choo Choo," "You Must Have Been a Beautiful Baby," and "Lullaby of Broadway," will be among the Harry Warren songs Dan plays. Come and enjoy a couple of afternoons of splendid music. Questions and requests are welcome.

*Dan Fine began piano lessons at the age of eight and has been playing professionally since age 14. He has played alto saxophone for 35 years with the Simsbury Community Band in Connecticut and was on the board of the Greater Hartford Festival of Jazz for ten years and president for two years. He has a BA from University of Connecticut, an MBA from Boston College, and retired as a stockbroker after 43 years.*

**3:00-4:15 PM**

**Wednesdays**

**Begins: 1/18**

**Ends: 1/25**

**Two sessions**

**Members \$40**

**Non-Members \$45**

### **WW24** EXTRAORDINARY JEWISH MEN AND WOMEN

*Lael Hazan*

### **ZAWW24** Zoom Available

#### **Part One — Jewish Pirates of the Caribbean**

From swashbucklers looking for adventure to those seeking revenge, lecturer Lael Hazan will cover the colorful lives of: Samuel Pallache, diplomat, entrepreneur, privateer, and Rabbi; Subatol Deul, friend of Sir Francis Drake with whom he founded the "Brotherhood of the Black Flag"; Moses Cohen Henriques, an advisor to Henry Morgan; as well as the great gentleman pirate; Jean Lafitte and others. So...Yo ho ho and grab your bottle of rum (sorry we can't provide) and join Lael for history and fun.

#### **Part Two — Amazing Jewish Italian Women**

It is widely believed that women were the custodians of Jewish heritage in Italy. Many, like Berenice of Cilicia, consort of Titus, and Donna Benvenida, who taught the Medicis, are almost forgotten names, but their strength and fortitude helped shape and further the Jewish community. Others, known and revered for their contributions will be highlighted, illuminating the lives of some of the most colorful and fabulous Jewish Italian women in history.

*Lael Hazan was recruited to work for the Sarasota Manatee Jewish Federation after receiving a master's degree from the University of Michigan. She is married to award-winning Italian cookbook author Giuliano Hazan and together they run Cooking with Giuliano Hazan in Italy. In 2017 she founded Gracious Getaways, a full-service travel agency. Her writing has appeared nationally in SAVEUR magazine, Huffington Post, Edible Sarasota as well as various magazines and blogs.*

**3:00 AM-4:30 PM**

**Wednesdays**

**Begins: 1/18**

**Ends: 1/25**

**Two sessions**

**Members \$40**

**Non-Members \$45**

## WEDNESDAY (CONT.)

### WW25 FINANCIAL ROUNDTABLE

Walter Frank

#### ZAWW25 Zoom Available

This informal discussion group will be facilitated and led by Walter Frank, who may bring guest facilitators from time to time for special topics. The group will help select weekly topics in advance. Participants can think about and research ideas for the forums if they choose. Walter will provide a potential list of subjects covering personal, national, and international economic issues. These might include the following examples—How will the U.S. deal with government deficits? What is bitcoin and what is its future? Do you need a financial advisor? What are the pros and cons of reverse mortgages? How should your estate planning best handle heirs with disabilities, addiction problems, or special needs? The roundtable will not be focused on investments but on economic activities and their impacts. Class size will be limited for easier participation and full engagement for all who attend.

*Walter Frank is a graduate of Miami University (Ohio) and did graduate studies at the Stern School of Business New York University. He obtained a designation from Columbia University as a certified portfolio manager and was a vice president and senior financial advisor at Merrill Lynch/Bank of America, where he spent 38 years until retirement.*

**3:00-4:30 PM**                      **Wednesdays**                      **Begins: 2/1**                      **Ends: 2/22**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

### WW26 STRAUSS & BRAHMS AND VIENNA

Richard Benedum, D.M.A.

#### ZAWW26 Zoom Available

At the end of the 19<sup>th</sup> century, no Viennese musician was more famous than Johann Strauss. His waltzes, polkas, and other dance music were played at coffee houses throughout the city and his operettas were the toast of the town. This series will examine the development of the waltz as Vienna's leading dance, and some of Strauss's most famous waltzes, as well as sample his operetta *Die Fledermaus*. Johann Strauss, the best known of the Strauss family dynasty of musicians, was also a close friend of Johannes Brahms, the leading Viennese classical musician; Strauss entertained Brahms at his summer villa. Brahms continued the tradition of Viennese classical music begun by Haydn, Mozart, and Beethoven; of Beethoven's influence he said, "You have no idea how... we're always hearing a giant like that behind us." In this lecture you will learn how his First Symphony shows that influence.

*Dr. Richard Benedum is professor emeritus of music at the University of Dayton, Ohio. He is founder and former artistic director and conductor of the professional-level Dayton Bach Society chorus and orchestra. In addition to his many other achievements, awards, and contributions, he directed 15 summer seminars and institutes for teachers on the music of Mozart, based in Vienna, for the National Endowment for the Humanities between 1990 and 2014. He currently is organist-choirmaster at Christ Episcopal Church in Bradenton.*

**3:00-4:30 PM**                      **Wednesdays**                      **Begins: 2/1**                      **Ends: 2/8**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

### WW27 MOZART'S *THE MARRIAGE FIGARO* — *The Most Perfect Opera!*

Richard Benedum, D.M.A.

#### ZAWW27 Zoom Available

Mozart moved from provincial Salzburg to Vienna, the capital, in 1781, and initially became famous there as a pianist. His real goal, however, was to compose operas, and especially Italian opera. *The Marriage of Figaro*, written just five years later in collaboration with the court poet Lorenzo Da Ponte, was his first opera to realize that goal. Called by many "the most perfect opera," *Figaro* vividly portrays a range of "Upstairs, Downstairs"—like characters, and the Finale to Act II is especially acclaimed.

*See Biographical Sketch above.*

**3:00-4:30 PM**                      **Wednesdays**                      **Begins: 2/15**                      **Ends: 2/22**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

# THURSDAY

**WR1**

## **SLOW FLOW YOGA**

*Bianca Clyburn*

For Course Description see page 6.

**9:00-10:00 AM**

**Thursdays**

**Begins: 1/5**

**Ends: 2/23**

**Eight sessions**

**Members \$95**

**Non-Members \$110**

Note: Students can join on a pro-rated basis if space permits.

**WR2**

## **THE WORLD'S GREATEST POEMS**

*Edward J. Dwyer, Ph.D.*

This popular poetry seminar focuses on the greatest poems ever written with new poems to examine and enjoy every year. The all-star lineup for this season includes Emily Dickinson, Walt Whitman, Mary Oliver, Billy Collins, Maya Angelou, Langston Hughes, and others. These poets represent a wide range of styles, forms, and temperaments. You will discover (or re-discover) why they are so great! Copies of the poems to be discussed will be provided to you. Extraordinarily participant-friendly and enjoyable—simply poetic!

*See Biographical Sketch on page 9.*

**9:00-10:30 AM**

**Thursdays**

**Begins: 1/5**

**Ends: 1/26**

**Four sessions**

**Members \$75**

**Non-Members \$85**

**WR3**

## **LET'S PLAY CANASTA! — For Beginners**

*Joyce Doran*

For Course Description see page 6. Students cannot miss the first class, or they will not be able to take the course. Punctuality is also important.

**9:00-10:30 AM**

**Thursdays**

**Begins: 1/5**

**Ends: 2/16**

**Six sessions**

**Members \$95**

**Non-Members \$105**

Note: No class Thursday, February 2.

**WR4**

## **THE NATURE OF LONGBOAT KEY**

*Elliot Prout*

Gulf of Mexico barrier islands have unique ecosystems found nowhere else on earth. Learn about the ecosystems of Longboat Key, the plants and animals that call them home, and how we connect with them in the interdependent web of life on earth. Coastal dunes, mangrove forests, seagrass flats and climate change will be discussed as they relate to Longboat Key. The first class will be on Zoom, (registrants will be contacted providing a Zoom link), followed by three nearby field trips. Elliot will leave you with a sense of what makes Florida unique and why we should preserve our natural systems. This course always sells out so register early! Group size is limited. There is a second section from 11-12:30. See page 32.

*Elliot Prout is a certified master naturalist and master gardener. He is a Florida native, born and raised in Bradenton. He leads preserve tours all over Manatee county. He is also an avid birder, native plant expert, and conservationist with a passion for conservation and the environment that he loves to share with others. This will be his first season leading nature lovers on tours for The Education Center at TBI. He was under the tutelage of Karen Willey last season on all the field trips. Karen taught "The Nature of Longboat Key" for many years at the former Longboat Key Education Center. Elliot made a great impression with students who gave him rave reviews last season as Karen's successor-in-training. He is excited to be taking over these nature walks.*

**9:00-10:30 AM**

**Thursdays**

**Begins: 2/2**

**Ends: 2/23**

**Four sessions**

**Members \$85**

**Non-Members \$95**

## One-Time Special Thursday Programs

**SPRI**

### SEX, SEXUALITY, AND INTIMACY IN THE SENIOR YEARS — *The Joys & Challenges!*

**ZASPRI**

Zoom Available

What is sexuality in late adulthood (70+)? The need for sexual intimacy doesn't necessarily decrease in older adults, though activity may decline, and disorders or circumstances can interfere, requiring adapting sexual relations to accommodate physical health and other changes. Can you have romance without sex? Can you have sex without romance? What kinds of physical intimacy will provide satisfaction? This workshop will discuss how to continue an active, satisfying sex life, regardless of the challenges. Medications and enhancements for sexual dysfunction and other health problems, maintaining emotional intimacy, and addressing your expectations will all be discussed with participation from attendees encouraged. Registrants are invited to offer anonymous questions beforehand for our guest panel of experts in various fields. They will not only address these questions but will offer tips, suggestions, and inspiring approaches for finding the secret to gratifying sexual intimacy after 70! Are you widowed, divorced, or not in a relationship? We welcome you to attend if you are not part of a couple dynamic. In fact, as a special treat, Gale Hacker and Walter Frank, who met and married in their 80s, will share their personal story of finding each other and the joy of loving. It's never too late! Don't be shy—give this a try. This workshop promises to be stimulating, supportive, and very helpful.

*Our panel of presenters includes **Peggy Albano**, psychotherapist and founder of the Florida Center for Healthy Sexuality and a specially trained and board-certified AASECT sex therapist (American Association of Sexuality Educators, Counselors and Therapists); **Mary Davenport, Ph.D.**, licensed marriage and family therapist and a certified AASECT sex therapist in private practice since 1974, specializing in both individual and couples therapy; **Ike Koziol, M.D.**, retired urologist in practice from 1978-2012 as director of men's health in a large clinical practice, treating many men with sexual issues; **Robert Rosenbluth, M.D.**, retired obstetrics and gynecology physician in private practice from 1970-1999, mostly in Sarasota, providing comprehensive health care for women at all stages of their lives.*

**11:00 AM-12:30 PM**

**Thursday, January 5**

**One session**

**Free to everyone who wishes to attend**

**Although there is no fee for this workshop, please pre-register to avoid line-ups before the workshop begins and so we know approximately how many people will be attending. Call 941-383-8222 or email [edcenter@longboatkeytemple.org](mailto:edcenter@longboatkeytemple.org)**

***This free-to-the-public workshop is generously sponsored by a grant from the Jewish Federation of Sarasota-Manatee. We are grateful for their commitment to our community and its senior citizens.***



The Jewish Federation  
OF SARASOTA-MANATEE

## *One-Time Special Thursday Programs* (CONT.)

### **SPR2** HOW NOT TO BE SCAMMED!

*James (Jimi)Goethe*

### **ZASPR2** Zoom Available

Learn how to protect your home or small business computer from viruses, malware, and backups. This workshop will go over the many different types of scams being perpetrated today using computers, Internet, cell phones, text messages, credit cards and others. The goal is to arm you with knowledge on how to protect yourself from being tricked as well as things to keep an eye out for with friends and family members. Approximately 20 billion dollars a year is stolen from Americans each year. More than 80 percent of the victims are over 65 years old. Many do not even know they were scammed. Jimi will answer questions throughout his presentation.

*James (Jimi) Goethe attended Eckerd College for business management and information. After years of programming and tech work, he started a web/design marketing business in 1995, Hypercube Tech, offering IT (information technology), web marketing, SEO (search engine optimizations), coding, and cybersecurity services. He started the first web hosting company in the area, owns two computer repair shops, and launched several different software programs including a GPS system his company tested on the SCAT buses. Jimi was featured on CNN and has been teaching classes on cybersecurity and computers since 1998.*

**11:00 AM-12:30 PM Thursday, January 12**

**One session**

**Members \$15**

**Non-Members \$20**

### **SPR3** THE ART OF CRITICISM

*Phillip Gainsley*

### **ZASPR3** Zoom Available

Learn what it takes to be a newspaper arts critic. How does a critic assess a show? What is her/his responsibility? Are they too powerful? Area critics Jay Handelman, Carrie Seidman, Marty Fugate, and Gayle Williams will join host Phillip Gainsley as they discuss the critics' role in the arts. Audience participation, along with a Q&A will be invited.

*For Phillip Gainsley's Biographical Sketch see page 35.*

**11:00 AM-12:30 PM Thursday, January 19**

**One session**

**Members \$15**

**Non-Members \$20**

## *One-Time Special Thursday Programs*

(CONT.)

**SPR4**

### **IS AMERICA AT RISK FROM THE LEFT OR THE RIGHT? A BI-PARTISAN DISCUSSION**

*Robert (Bob) Gary*

*Herbert (Herb) Soroca*

**ZASPR4**

**Zoom Available**

America faces historic challenges to our free society. This feeling is widely shared among both Democrats and Republicans, along with deep-seated disagreement about the origins of the threat. In this presentation, Bob Gary and Herb Soroca will discuss the current political landscape and the attendant fears for the survival of our democracy from two opposing sides. With civility and respect they will share diverse ideas and opinions about the free press, judicial system, integrity of our schools and elections, socialism, authoritarianism, Antifa and other such movements, and the rule of law. Please join them for this important and extraordinary bi-partisan program about the critical issues we all face as citizens of this great nation. Bob and Herb are members of the initiative called "Miracle on the Key," a Longboat Key bi-partisan group with Republicans and Democrats taking action together!

***Robert (Bob) Gary** obtained a JD from the Case Western Reserve School of Law and has an LLM in criminal justice from the New York University School of Law. He was a former trial attorney in the Criminal Division of the U.S. Dept. of Justice. He was also a special assistant U.S. attorney and the deputy chief and acting chief of the U.S. Justice Department Cleveland Strike force on organized crime and special assistant to the governor of Ohio. In other capacities, he was responsible for the supervision of major federal investigations, conducting federal grand juries and the trial and prosecution of cases in the federal court. Bob is a member of the Longboat Key Democratic party.*

***Herbert (Herb) Soroca** was CEO of North Cove Capital Management. He served as a senior financial executive at several Wall Street firms where he managed a trading desk and ran a corporate finance department. He has lectured internationally on derivatives and focused on PIPE investments (private investments in public entities). A student of American political history, he defines himself as a Constitutional Conservative. Herb received his BA from Columbia College and his JD from Columbia University School of Law.*

**11:00 AM-12:30 PM**

**Thursday, January 26**

**One session**

**Members \$15**

**Non-Members \$20**

## THURSDAY (CONT.)

**WR5**

### LEARN HOW TO PLAY MAH JONGG

*Joyce Doran*

For Course Description and important details about obtaining a Mah Jongg card for 2022, see page 7. Students cannot miss the first class, or they will not be able to take the course. Punctuality is also greatly appreciated.

Note: No class Thursday, February 2.

**11:00 AM-12:30 PM**  
**Six sessions**

**Thursdays**  
**Members \$95**

**Begins: 1/5**  
**Non-Members \$105**

**Ends: 2/16**

**WR6**

### THE CREATION OF TWO ENDURING AMERICAN STANDARDS — *And the Stories Behind Them*

*Michael Lasser*

**ZAWR6**

**Zoom Available**

This two-part program will be a combination of lecture and discussion, along with video performances.

#### **Part One — Henry Mancini and Johnny Mercer's "Moon River"**

How did this popular song come to be written? There have been countless different recorded versions from Audrey Hepburn, who sang it first in the Oscar award-winning movie "Breakfast at Tiffany's," to Andy Williams, Frank Sinatra, and Mercer himself. Just who is the Huckleberry friend in the song and what does the song tell us?

#### **Part Two — George and Ira Gershwin's "Love is Here to Stay"**

"Love is Here to Stay" was the last song that George and Ira Gershwin wrote together before George died in 1937 at the age of 38. Michael will discuss the backstory along with the song's numerous themes. Find out about how the song had a disastrous introduction, and how we came close to losing one of our great standards. Michael's talk will also distinguish between numerous recordings, show how G & I put their songs together, why the verse is essential even though many singers omit it, and many other engaging details.

*Michael Lasser, raised in the shadow of Midtown Manhattan, is the author of three books about American popular music, including his most recent, City Songs and American Life: 1900-1950. For 40 years he was the host of the nationally syndicated public radio show, Fascinatin' Rhythm, winner of the 1994 Peabody Award. A graduate of Dartmouth College, he is the former theater critic for the Rochester Democrat & Chronicle, and for 35 years has spoken at museums and universities around the country.*

**11:00-12:30 PM**  
**Two sessions**

**Thursdays**  
**Members \$40**

**Begins: 2/2**  
**Non-Members \$45**

**Ends: 2/9**

**WR7**

### BRAIN HEALTH AND DEMENTIA — *Everything You Need To Know!*

*Bernice J. Pelea and Louise Gallagher*

**ZAWR7**

**Zoom Available**

This course is divided into four very informative sessions. In the first three sessions, participants will learn the difference between Alzheimer's and other dementias; what is normal aging vs. dementia and the importance of early detection; and the latest research on brain health, including diet and nutrition, exercise, cognitive activity, and social engagement. In the fourth session, the course will focus on effective communication strategies and tips for caregivers, families and others who work with individuals with dementia. Participants will be encouraged to ask questions and participate.

*Bernice J. Pelea earned an RN, MS, and master's in public health degree (MPH). She is a care and support program manager with the Alzheimer's Association, Florida Gulf Coast Chapter, overseeing all care and support activities and services.*

*Louise Gallagher earned an MS, is a licensed marriage and family therapist (LFMT) and certified dementia practitioner (CDP) who volunteers with the Alzheimer's Association, educating the community about dementia and co-facilitating support groups.*

**11:00-12:30 PM**  
**Four sessions**

**Thursdays**  
**Free to everyone who wishes to attend**

**Begins: 2/2**

**Ends: 2/23**

Note: Pre-registration is required. Call 941-383-8222 or email, [edcenter@longboatkeytemple.com](mailto:edcenter@longboatkeytemple.com). This free-to-the-public workshop is generously sponsored by the Alzheimer's Association, Florida Gulf Coast Chapter, and the Jewish Federation of Sarasota-Manatee.

## THURSDAY (CONT.)

### **WR8** THE NATURE OF LONGBOAT KEY

*Elliot Prout*

For Course Description see page 27. This course is so popular we have two sections.

**11:00 AM-12:30 PM**      **Thursdays**      **Begins: 2/2**      **Ends: 2/23**  
**Four sessions**      **Members \$85**      **Non-Members \$95**

### **WR9** MASTERING THE PRACTICE OF HUMANIZATION

*Racelle Weiman, Ph.D.*

**ZAWR9** Zoom Available

This two-part presentation is an exploration of the possibility and potential to heal a deeply fractured and demoralized society. This includes both the theory and, more importantly, the practice of humanization at its most important starting point—the individual and identity. Values-based perspectives are introduced as a contrast to the dehumanization which resides at the root of conflict and crisis. Dr. Weiman's expertise in post-Holocaust theology and in the prevention and interruption of genocide resulted in her current and crucial work of humanizing dialogue across the divides in society. This program will include both lecture and workshop, with moral intelligence being a key component of social change and social repair.

*Dr. Racelle Weiman is an international scholar in interethnic/interreligious dialogue; conflict and genocide studies and founding director for the Dialogue Institute at Temple University, Philadelphia, PA. Her prior work includes being founding director of the Center for Holocaust and Humanity Education at Hebrew Union College-Jewish Institute of Religion, in Cincinnati, Ohio. In Israel she served on the faculty of University of Haifa, Israel, and on staff of The Ghetto Fighter's Museum of Holocaust and Resistance. Dr. Weiman produces award-winning documentary films. She was awarded the highest civilian medal from the Philippines government, and honored in the Netherlands, Bulgaria, Latvia, Iraqi Kurdistan, Indonesia, Jordan, Israel, and Germany.*

**11:00-12:30 PM**      **Thursdays**      **Begins: 2/16**      **Ends: 2/23**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

### **WR10** MAMALOSHEN — YIDDISH IS ALIVE AND WELL!

*Betty Silberman*

Who said Yiddish is a dead language? It is still alive in the hearts and minds of anyone who spoke it or heard it spoken as a child. And Yiddish has steadily seeped into the popular culture as a wonderful source of rich expressions. It still remains one of the most colorful, humorous, and evocative languages. Students will enjoy learning (or remembering—nostalgia guaranteed!) Yiddish words, phrases, expressions, and basic conversation in these interactive classes, flavored with Klezmer music, songs, amusing anecdotes, and poems, providing lots of fun! Previous knowledge of Yiddish is not required. Enjoy lighthearted learning!

*Betty Silberman speaks Yiddish fluently. She is a native Yiddish speaker whose parents were Holocaust survivors. She began teaching Yiddish in 1979. She taught Yiddish language and culture at Harvard Hillel, M.I.T Hillel, Tufts Experimental College and Hebrew College as well as various Elderhostels.*

**1:00-2:30 PM**      **Thursdays**      **Begins: 1/5**      **Ends: 1/26**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

## THURSDAY (CONT.)

### IPHONE & IPAD—BASICS PLUS

*Keith S. Coker*

This course is for people who are a little beyond beginners but who are not fully utilizing the many basic features of their iOS devices. This is a hands-on experience, and students are encouraged to log in with both their personal computer, if you have one, and your iPhone and iPad (iOS) devices simultaneously. The flow of the class and topics may change given the consensus of the class. Please try to have your devices updated to the most current iOS, and **it is essential that you know your Apple ID and password.**

*Keith S. Coker is an IT and technology consultant specializing in Apple technology and products. He is owner and president of Cybaris Network, Inc., providing in-home and in-office personalized audio-visual advice and technical support in the greater Sarasota area since 1997. He was senior associate with Computer Technologies Group (CTG) for 10 years and was media center coordinator for New Gate School and media center assistant at New College of Florida. He holds a BA from New College of Florida, Sarasota, and has been president and vice-president of Sarasota/Manatee Macintosh User's Group (SMUG).*

**WR11**    **PART ONE** — Fundamental fully reviewed • Definition and uses of Apple ID for Apple's iCloud • Navigating the App Store for new apps and games

**1:00-4:00 PM**  
**Two sessions**

**Thursdays**  
**Members \$90**

**Begins: 1/5**  
**Non-Members \$100**

**Ends: 1/12**

**WR12**    **PART TWO** — Main features and use of iOS device, including the Control Center and everything for essential communication: using the iPhone and/or iPad itself to make phone and FaceTime calls, texting, iMessage, web browsing and email • Use of camera: including Apple's photo management and storage app, Photos, Notes, and Calendar

**1:00-4:00 PM**  
**Two sessions**

**Thursdays**  
**Members \$90**

**Begins: 1/19**  
**Non-Members \$100**

**Ends: 1/26**

### IPHONE & IPAD — "BEYOND" BASICS PLUS

*Keith S. Coker*

This course is for intermediate and/or more advanced students. It is a catch-all for everyone who has taken the Basics Plus Course (see above) or any of Keith's iPhone and iPad courses in the past and wants to review and continue to explore more of the fun and convenient features of their iOS device.

*See Biographical Sketch above.*

**WR13**    **PART ONE** — Notes, Home, Wallet & Apple Pay, Health, Weather, and News & Tips • Download corresponding manual for your iOS devices • In-depth look at the use of the camera and Apple's Photos App, and how to take, send and receive, save, and manage pictures and videos

**1:00-4:00 PM**  
**Two sessions**

**Thursdays**  
**Members \$90**

**Begins: 2/2**  
**Non-Members \$100**

**Ends: 2/9**

**WR14**    **PART TWO** — How to use Maps, GPS, Bluetooth • Talking to your devices using Siri • Learning how to access all of the controls and features you have learned with Siri

**1:00-4:00 PM**  
**Two sessions**

**Thursdays**  
**Members \$90**

**Begins: 2/16**  
**Non-Members \$100**

**Ends: 2/23**

## THURSDAY (CONT.)

### **WR15** THE FOREIGN FILM FEST

*Gus Mollasis*

### **ZAWR15** Zoom Available

Some of the most vibrant and interesting foreign films in recent years that have been shown at film festivals or have been nominated for Best Foreign Film will be viewed and discussed. Expand your vision of the world, learn about the different cultural styles of making films, and enrich your understanding and appreciation of foreign films. After each film, Gus will facilitate an insightful and stimulating group discussion.

*See Biographical Sketch on page 4.*

**2:00-5:00 PM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 1/5**  
**Non-Members \$85**

**Ends: 1/26**

### **WR16** JEWISH/ISRAELI FILM FESTIVAL

*Susan Goldfarb and Special Guest Facilitators*

### **ZAWR16** Zoom Available

We will view exceptional, award-winning, quality films and explore a variety of Jewish themes which touch the Jewish heart, yet are universal in nature. Cultural diversity, Jewish history, Jewish identity and how the movies reflect and affect the Jewish/Israeli experience will be the subject of lively discussions afterwards. Register early. This is a popular course!

*Susan Goldfarb, program director of The Education Center at Temple Beth Israel and former executive director of The Longboat Key Education Center from 1997-2021, holds an Honors BA in English literature from York University, Toronto, Canada, and diplomas from the Alliance Française in Paris, France; The Royal Conservatory of Music in Toronto, piano; and The University of Toronto, theatre technology. Locally she was the marketing and public relations director for the Sarasota Ballet and Michael Saunders & Company and had her own marketing and public relations business before taking over The Longboat Key Education Center. Susan first developed and created Jewish, Yiddish, and Israeli film festivals in 2003 at The LBK Ed Ctr.*

**2:00-5:00 PM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 2/2**  
**Non-Members \$85**

**Ends: 2/23**

### **WR17** JEWISH RESISTANCE IN WORLD WAR II

*George Stassa, M.D.*

### **ZAWR17** Zoom Available

Resistance by Jews was exemplified by ghetto uprisings, partisan participation in the Balkans, camp insurrections, and involvement in clandestine drops behind enemy lines during WWII. This course will offer revelations to dispel the myths and to honor those who courageously opposed Nazism. The Jews were not "led to the slaughter like lambs." Our study will cite examples of activities and individuals that refute the claim.

*Dr. George Stassa obtained his BA from Columbia College and his MD from Columbia University, College of Physicians and Surgeons. He was associate clinical professor of Radiology/Anatomy at New York Cornell Medical College for 36 years. Dr. Stassa has had a love of history since grade school and wanted to be a college professor, so he has reinvented himself into a teacher of history!*

**3:00-4:30 PM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 1/5**  
**Non-Members \$85**

**Ends: 1/26**

**Questions? (941) 383-8222**  
**e-mail: [edcenter@longboatkeytemple.org](mailto:edcenter@longboatkeytemple.org)**

## THURSDAY (CONT.)

### **WR18** DICTATORSHIP OR DEMOCRACY?

*George Stassa, M.D.*

### **ZAWR18** Zoom Available

How and why do dictatorships occur? What can citizens do to stop dictators? Autocratic government has often replaced democracy with disastrous results. Most dictators (Genghis Khan, Hitler, Mussolini, Stalin, and now Putin), followed a playbook of acquiring power, keeping it, and abusing it. They also have similar personalities. There are ways to block or depose them that have worked in the past. This course will explore the formation of abuses, and solutions to removing a dictatorship.

*See Biographical Sketch on page 34.*

**3:00-4:30 PM**

**Four sessions**

**Thursdays**

**Members \$75**

**Begins: 2/2**

**Non-Members \$85**

**Ends: 2/23**

## FRIDAY

### MORNING FORUMS

*Edward Dwyer, Ph.D. and Guest Speakers*

These popular forums provide the opportunity for lively, informal discussions about important political, social, and moral issues. The facilitator, Dr. Edward Dwyer, will guide the discussions, which will be based on handouts provided to you, on topics chosen by you, as group members unless there is a scheduled guest, who you will be advised of the week before. Like college dorm bull sessions, only better!

*See Biographical Sketch on page 9.*

### **WF1** MORNING FORUMS

**9:00-10:30 AM**

**Four sessions**

**Fridays**

**Members \$75**

**Begins: 1/6**

**Non-Members \$85**

**Ends: 1/27**

### **WF2** MORNING FORUMS

**9:00-10:30 AM**

**Four sessions**

**Fridays**

**Members \$75**

**Begins: 2/3**

**Non-Members \$85**

**Ends: 2/24**

### **WF3** MORNING FORUMS - PACKAGE PRICE FOR WF1 AND WF2

**9:00-10:30 AM**

**Eight sessions**

**Fridays**

**Members \$130**

**Begins: 1/6**

**Non-Members \$150**

**Ends: 2/24**

### **WF4** OPERA PREVIEWS

*Phillip Gainsley*

### **ZAWF4** Zoom Available

Phil Gainsley will provide a music and dramatic analysis of four great operas, all of which the Sarasota Opera is planning for its 2023 winter season. Operas in order of discussion include: Puccini's *Madama Butterfly*, Mozart's *Don Giovanni*, Verdi's *Ernani*, and Massenet's *Thérèse*. Phil is noted for his extraordinarily thorough and highly enjoyable presentations. Enhance your experience of Sarasota's opera season or simply learn more for greater enjoyment when listening to these wonderful operas!

*Phillip Gainsley has been a national speaker on opera and music theater for over 35 years. He was a regular guest on the Metropolitan Opera Quiz, heard during the Saturday afternoon Met Opera radio broadcasts, for 40 years. Phil hosts pre-concert discussions for the Minnesota Orchestra and Sarasota Orchestra. He also writes performance reviews for Opera News and is a speaker for the Metropolitan Opera Guild. He taught his very popular opera course to delighted audiences at The Longboat Key Education Center for 13 years before coming to The Education Center at Temple Beth Israel.*

**11:00 AM-12:30 PM**

**Four sessions**

**Fridays**

**Members \$75**

**Begins 1/6**

**Non-Members \$85**

**Ends: 1/27**

## FRIDAY (CONT.)

**WF5**

### THE CONCEPT OF LOVE IN THE BIBLE

*Rachel Zohar Dulin, Ph.D.*

**ZAWF5**

Zoom Available

Love, *Ahavah*, in the biblical Text, is a fascinating, yet complex concept. Depending on context, *Ahavah* expresses powerful, positive feelings of loyalty, affection, and romance. Yet, there are cases in which *Ahavah* implies negative feelings of lust and coveting. Students will explore the different meanings of love as represented by the Text. The story of the relationship between King David and the House of Saul (the father Saul, the son Jonathan, and the daughter Michal) will be explored, and the verses from the Song of Songs, and the Wisdom literature (Book of Proverbs and Ecclesiastes) will be discussed.

*Dr. Rachel Zohar Dulin was born in Israel and served in the Israeli army as a teacher, subsequently being sent by the Jewish Agency to teach in the U.S. She received her Ph.D. in religious and theological studies from Northwestern University, Evanston, IL, and has been a professor of Hebrew and Bible at Spertus College of Judaica and an adjunct professor of Hebrew and Bible at New College of Florida.. She has taught adult education for over 45 years and lectured extensively on biblical literature. She is the author of Alive, Unabashed and Passionate.*

**11:00 AM-12:30 PM**

**Fridays**

**Begins: 1/6**

**Ends: 1/13**

**Two sessions**

**Members \$40**

**Non-Members \$45**

**WF6**

### A HISTORY OF NEW YORK CITY — *From Wilderness to a Sky-High City*

*Michael Sherrow*

**ZAWF6**

Zoom Available

How did a small island, not much larger than Longboat Key, and its sisters across the waters, become the capital of the world? How did it get there? Who were the personalities and what were the events that helped to shape it? How did the original Dutch settlers, the English successors, and the flow of different immigrant groups influence its politics and culture? It's a fascinating story fit for a fascinating city!

*Michael Sherrow obtained his BBA from Baruch School of the City University of New York and his JD from St. John's University Law School and is a retired member of the New York State Bar. He was a partner for over 40 years with an international real estate investment banking firm headquartered in Manhattan. Michael was born and raised in NYC and has lived there his entire life. He has always been interested in the origins and history of the city and is personally familiar with many of its neighborhoods. He is a Big Apple Greeter (BAG); a non-profit group of volunteers who take visitors, at no cost, on tours to the less traveled, more interesting areas of the city. Michael shouts..." I HEART NY!"*

**11:00 AM-12:30 PM**

**Fridays**

**Begins: 1/6**

**Ends: 1/27**

**Four sessions**

**Members \$75**

**Non-Members \$85**

**WF7**

### THE WOMEN'S GROUP

*Gale Hacker*

This group will give everyone an opportunity to discuss a variety of subjects and topics that will be brought to the gathering by the facilitator Gale Hacker, or by group members who want to discuss certain issues and topics. Women will enjoy friendly interaction and helpful support for personal growth and increased awareness. Come and share your concerns, triumphs and failures, joys and sorrows, and discuss your observations and thoughts about the world we live in—big stuff and little stuff. Learn surprising things, gain fresh insights, and make “new” friends. Guest facilitators may be invited upon consensus.

*Gale Hacker was the director of the education program of The Education Center of Homeless Families Foundation in Columbus, Ohio, for 17 years. She worked with homeless children and later academically at-risk children, K through middle school. She collaborated with public schools, social agencies, colleges, and theatre and music programs, lecturing on homelessness, participating in panel discussions, and scheduling academic enrichment program for after school and summer classes. After retiring she was principal of a Charter School for at-risk high schoolers to teach them a trade in the construction industry.*

**11:00 AM-12:30 PM**

**Fridays**

**Begins: 1/20**

**Ends: 2/24**

**Six sessions**

**Members \$105**

**Non-Members \$115**

## FRIDAY

**WF8**

### THE HISTORY OF JEWISH CLASSICAL COMPOSERS —

*From Salamone Rossi to Stephen Reich*

*Robert Vodnoy, DMA*

**ZAWF8**

**Zoom Available**

This two-part program will focus on iconic composers and the music they composed beginning with Salamone Rossi (a Renaissance/Baroque composer considered to be the first Jewish composer of classical music), and continuing through Felix Mendelssohn, Gustav Mahler, Arnold Schoenberg, Kurt Weill, Erich Korngold, Darius Milhaud, Ernst Bloch, George Gershwin, Leonard Bernstein, Irving Berlin, Stephen Sondheim, and Stephen Reich. The talks will place the composers and their masterpieces within a broad historical context, together with musical examples and vignettes about their lives, and an assessment of the ways they were shaped by the world in which they lived and how their works influenced music. The series will conclude with a discussion of pieces that will be in the concert program presented by Dr. Robert Vodnoy and the Chamber Orchestra of Sarasota, on Sunday, March 26, from 4:00-5:30 (see page 46), celebrating the 75<sup>th</sup> anniversary of the founding of the state of Israel. Robert has conducted music by all of the composers he will talk about, bringing direct, personal experience to the subject. Come prepared to be delighted and engaged by this compilation of some of the world's greatest music and the composers who created it!

*Dr. Robert Vodnoy has enjoyed an illustrious career as a conductor, composer, violinist, and educator. He made his professional conducting debut in 1975, has been music director of five American orchestras and guest conducted orchestras throughout the United States, Europe, Latin America, and the Pacific Rim. He was orchestra director/professor of strings and music history at Northern State University (2005-2018), and currently conducts the Chamber Orchestra of Sarasota and Whiting Park Festival Orchestra (IN).*

**11:00 AM-12:30 PM**

**Fridays**

**Begins: 2/3**

**Ends: 2/10**

**Two sessions**

**Members \$40**

**Non-Members \$45**

**WF9**

### GREAT RELIGIOUS THINKERS

*Dilip Mathur*

**ZAWF9**

**Zoom Available**

Who are some of the most influential philosophers of Hinduism, Judaism, Christianity, and Islam? What are their stories, their insights, their relevance to our lives today? We will contrast their ideas with the ideas on 21<sup>st</sup> century religions of Yuval Noah Harari, best-selling author of *Sapiens*. We will meet Maimonides, who fled Spain to live and work in Egypt, and whose insights refreshed Judaic thought. We will meet Adi Shankara, 8<sup>th</sup> century Indian Vedic sage and teacher, who in his short life of 32 years taught principles of spiritual philosophy that are still the foundation of modern Hinduism. From Augustine and Aquinas to the Sufi Ibn Arabi, this course is designed to make friends with some of the greatest mystics and thinkers of their age.

*Dilip Mathur is a frequent speaker and workshop leader on topics related to spiritual philosophy and wisdom. He was the primary spiritual teacher to a 500 family Hindu congregation at the Chinmaya Center in Boston for 13 years. An MIT alumnus, he has been a CEO, and the architect of businesses that have created over 50,000 jobs for disadvantaged people, particularly village women. Dilip is multi-religious and celebrates any religion in any place of worship.*

**11:00 AM-12:30 PM**

**Fridays**

**Begins: 2/3**

**Ends: 2/24**

**Four sessions**

**Members \$75**

**Non-Members \$85**

## FRIDAY (CONT.)

**WF10**

### **LOVE'S LABOUR'S LOST — *Drunk on Language***

*Jonathan (Jonny) Epstein*

**ZAWF10**

**Zoom Available**

If *Macbeth* is about being drunk on ambition and *As You Like It* is about being drunk on the forest and *Taming of the Shrew* is about being—well—just plain drunk, then *Love's Labour's Lost* is perhaps about being intoxicated with words. The play has a plot—barely—and some intriguing characters, but mostly it's a shallow dive into the deep pool that is the English language with all its curious riptides, currents, and slack water. This two-session program will offer an introduction to what may be Shakespeare's gentlest play, and can also serve as a guide for people who plan to attend the Asolo Conservatory's production of *Love's Labour's Lost* scheduled for the Cook Theatre in April 2023. We are very fortunate to have Jonny take time out from his busy schedule at FSU/Asolo to teach his enriching Shakespeare programs.

*Jonathan (Jonny) Epstein* is teaching professor of classical performance at the Asolo Conservatory of Florida State University. As an actor he has performed on and off Broadway, in London's West End, and at dozens of regional theatres across the country, but is best known for his 25-year association as actor, director and teacher with Shakespeare & Company in Lenox, Massachusetts. He was text and sonnet teacher in more than 30 of the company's month-long workshops for professional actors. Jonny taught his popular Shakespeare courses at the former LBK Education Center for seven seasons before presenting his program at the Education Center at Temple Beth Israel last season.

**11:00 AM-12:30 PM**

**Fridays**

**Beginns: 2/17**

**Ends: 2/24**

**Two sessions**

**Members \$40**

**Non-Members \$45**

**WF11**

### **SHOW AND TELL: WHAT YOUR TREASURES ARE WORTH**

*Andrew Ford*

**ZAWF11**

**Zoom Available**

When it comes to the art of buying, selling, auctioning, understanding and investing in fine art, antiques and jewelry, Andrew Ford can show you the best way to attain, maintain, or sell your treasures. He would be the first to tell you that he learns something new every day about art, antiques, and the fine art of collecting. So if you have attended Andrew's lectures before, come again and continue to learn new things. Whether you are an entry level buyer or a sophisticated collector, Andrew's insights will help you see and appreciate art in an entirely different light. But most importantly, he'll let you know what your treasured heirlooms are worth. He'll show and tell you about the latest trends in collecting, what's hot and what's not, and how to distinguish authentic pieces from fakes. Tricks of the trade and colorful anecdotes will make these two sessions insightful, enlightening, educational, engaging and fun!

*Andrew Ford*, in addition to owning *Sarasota Trading Company* and *Sarasota Estate Auction*, owns *Ford Art & Antiques* and hosts "What's It Worth?" seen monthly on Facebook Live. He is a lecturer, auctioneer, collector, and appraiser. His book, "The Art of Collecting Wisely," is scheduled to be released soon.

**1:00-2:30 PM**

**Fridays**

**Beginns: 1/6**

**Ends: 1/13**

**Two sessions**

**Members \$40**

**Non-Members \$45**

**Questions? (941) 383-8222**

**e-mail: [edcenter@longboatkeytemple.org](mailto:edcenter@longboatkeytemple.org)**

## FRIDAY (CONT.)

### **ZOWF12** AMERICAN ICONS — *Fred Astaire & Katharine Hepburn*

Zoom Only *Martin (Marty) Schneit*

#### **Part One — Fred Astaire**

In this presentation Marty will discuss the legendary life and work of Fred Astaire with illustrations and film footage. He traces Astaire's 70-year performing career, which began in 1905, when at the age of five he debuted in vaudeville with his older sister Adele. Fred Astaire and Ginger Rogers were in nine films together, including *Flying Down to Rio*, *Roberta*, *Top Hat* and *Swing Time*. Film footage will include Fred Astaire dancing with Ginger Rogers, Eleanor Powell, Rita Hayworth, and Cyd Charisse.

#### **Part Two—Katharine Hepburn**

Katherine Hepburn was one of the world's most celebrated actresses. A legend of stage and screen, Hepburn received 12 nominations and collected four Oscars for best actress, still the record. In a career that spanned seven decades, she became a role model to women world-wide. She is often credited with having put women in pants. Film footage from *A Bill of Divorcement*, *Morning Glory*, *The Philadelphia Story*, *The African Queen*, *Woman of the Year*, *Guess Who's Coming to Dinner* and *On Golden Pond* will be used to illustrate why she is among the great American icons.

*Martin Schneit, a born-and-bred New Yorker, historian and storyteller, has lectured at the New York Public Library, JCC, The 92<sup>nd</sup> Street Y, Central Synagogue, Hebrew Home for the Aged at Riverdale, The Ziegfeld Society of New York, the Lincoln Center campus of Fordham University, the Moriah Senior Center, New York, and many other venues. The Jewish Braille Institute has recorded Marty's lectures for their audio magazine and lecture series.*

**1:00-2:30 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 1/6**  
**Non-Members \$45**

**Ends: 1/13**

### **WF13** INTERMEDIATE BRIDGE I

*Larry Auerbach*

This course is for players with basic knowledge of the game. More complex bridge concepts will be considered. Classes will cover opening leads, concentrating on standard American conventions and touching on more advanced conventions.

*See Biographical Sketch on page 3.*

**1:00-2:30 PM**  
**Eight sessions**

**Fridays**  
**Members \$115**

**Begins: 1/6**  
**Non-Members \$125**

**Ends: 2/24**

### **WF14** LENA HORNE AND MARILYN MONROE: *Exquisite Expression*

*Susan Benjamin*

#### **ZAWF14** Zoom Available

Despite great turbulence in their early lives, Lena Horne and Marilyn Monroe became more than sex symbols: through talent and perseverance they became major stars. Lena passed through racial barriers while suffering indignities and insults that motivated her to become a civil rights activist. Her exquisite performance style also helped her to mature into one of our most popular singers and actors. Norma Jeane Mortensen Baker, a lonely, isolated child who felt invisible, became one of the world's most visible stars as she transformed into Marilyn Monroe. Not only was Marilyn a sex symbol, but she was an exquisite singer and actor. This program details the back stories and triumphs of these two American icons.

*Susan Benjamin, musical biographer, served as an Illinois public high school teacher and school administrator for 35 years. She is the recipient of the Lifetime Writer Award (Conference on English Leadership) and the John Heissler Award for Excellence in English. Susan has written over 70 programs and presents musical biographies at 44 venues in the Chicago area. She is also the author of three books.*

**1:00-2:15 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 1/20**  
**Non-Members \$45**

**Ends: 1/27**

## FRIDAY (CONT.)

**WF15** **A STAGE BECKONS — *Renowned Artists Who Created for the Theater, Opera, and Ballet***  
*Kevin Costello*

**ZAWF15** Zoom Available

In his first PowerPoint presentation, Kevin will examine the long-standing relationship between painting and theater, introducing a unique perspective on these two art forms through the works of various artists, including 18<sup>th</sup> century painters Canaletto and Hogarth, and 19<sup>th</sup> and 20<sup>th</sup> century artists such as Chagall, Dali, Miro, de Chirico, and Sendak who designed sets and costumes for the ballet, theater, and opera houses of the world. The second lecture will focus on Picasso and his legacy with the Ballet Russe de Monte Carlo. From 1917-1925, Picasso regularly took part in the company life of the Ballet Russe creating sets and costumes that would mark their history. Kevin will examine the story line of the ballets and the importance of the collaborative effort between dancers, musicians, costumers, and set designers. Q&A is always invited.

See *Biographical Sketch* on page 20.

**1:00-2:30 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins 2/3**  
**Non-Members \$45**

**Ends: 2/10**

**WF16** **MASTERING YOUR iPhone CAMERA —**  
***From Beginners to Advanced Level***  
*Wayne Eastep*

This course will help you understand and master the iPhone as a camera and inspire you to have fun while taking memorable photos. You'll learn how to move beyond "auto" and acquire more creative control of your camera. We'll cover shutter release, focus, camera features and settings, and how to store and organize pictures. Editing apps (Snapseed and Lightroom) and exploring the creative process will give you the skills and unique point of view that will help you create images like a pro! For students who have taken Wayne's popular courses before, this will serve as an excellent review as well as take you to an advanced master level. Questions about, and various issues with, your photography adventures will be covered and discussed. Wayne enlivens his classes with examples of his work as an award-winning documentary photographer. Bring your iPhone charged and your charger. Students should have fundamental iPhone skills. For Wayne's course *Lightroom—The Ultimate Editing and Organizing Tool*, see page 53. See page 57 for his lecture on Kazakhstan.

*Wayne Eastep, Master Photographer, is celebrated for his fine art, commercial and documentary photography. He has traveled the globe since 1980 making award-winning photographs that have exhibited worldwide. He has been commissioned by National Geographic and the Smithsonian and by leading camera companies including Nikon, Canon, Olympus, and Polaroid. Wayne also lectures at museums and universities and has published two books, one of which, The Living Seas, is the official book for the "The Seas" aquarium at Epcot Center, Disney World.*

**1:00-3:00 PM**  
**Four sessions**

**Fridays**  
**Members \$100**

**Begins: 2/3**  
**Non-Members 110**

**Ends: 2/24**

**WF17** **ELTON JOHN: *Prolific Performer***  
*Susan Benjamin*

**ZAWF17** Zoom Available

A composer, singer, and pianist who has sold more than 300 million records and claims 56 Top-40 hits, Elton John is one of the most successful musical artists of all time. From his earliest melodies to his Broadway and film acclaim (*The Lion King*, *Billy Elliot*, and *Aida*), Elton has helped to shape modern music for over 50 years. How did Reginald Dwight, a lonely British boy who was rejected by his father, become Sir Elton John? This two-part program features stories and examples from both his personal and his professional life to illustrate the struggles and triumphs of this musical icon.

See *Biographical Sketch* on page 39.

**1:00-2:15 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 2/17**  
**Non-Members \$45**

**Ends: 2/24**

## FRIDAY (CONT.)

### **WF18** INTERMEDIATE BRIDGE II

*Larry Auerbach*

Students should have completed INTERMEDIATE BRIDGE I or its equivalent. Standard and more advanced conventions will be reviewed as well as instructions for playing of the hand and the defense.

*See Biographical Sketch on page 3.*

**3:00-4:30 PM**  
**Eight sessions**

**Fridays**  
**Members \$115**

**Begins: 1/6**  
**Non-Members \$125**

**Ends: 2/24**

## OFF CAMPUS FIELD TRIPS & ART MUSEUM DAY TRIP

Please stay tuned for these programs. We will email everyone on our mailing list with updates on upcoming local field trips and a museum daytrip to one of our neighboring towns in Southwest Florida.

**Office (941) 383-8222**

**E-mail: [edcenter@longboatkeytemple.org](mailto:edcenter@longboatkeytemple.org)**

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# SATURDAY WINTER WORKSHOPS

## **WWK1** ENJOYING YOUR APPLE WATCH

*Helen Hoffenberg and Betsy Marshall*

This workshop will help participants build on their Apple Watch knowledge and related iPhone skills, particularly focusing on the variety of settings on the Watch and how it can be used for personal productivity, health, and fitness. Please come to the workshop with your Apple Watch and the iPhone to which it is paired, both will be used.

**Helen Hoffenberg** spent 17 years working at Apple Inc. and before that worked for 28 years in public education.

**Betsy Marshall** worked for Apple Inc. for 25 years as a technical trainer, systems engineer, and business development executive.

Both Helen and Betsy were on national teams in their careers developing strategies and professional development programs for schools and businesses across the country. Having retired from their careers, they now own and operate AppleLearn, a company providing workshops and private consultations teaching people to make effective use of their Apple devices, including iPhone, iPad, and Apple Watch.

**1:00-3:00 PM**

**Saturday, January 28**

**Members \$30**

**Non-Members \$35**

## **WWK2** THE ROOTS OF RHYTHM: *Drumming and Drum Circle Activities*

*Scott Blum*

This innovative and interactive percussion experience will provide participants the opportunity to explore sounds, rhythms, percussion instruments, and drums. This educational presentation is a fun, energetic and entertaining workshop. Prior experience is not necessary, and instruments will be provided. Drumming has been shown to contribute to improved health and stress relief.

**Scott Blum** a professional drummer and percussionist, has led and facilitated drum sessions at schools, libraries, corporate events, health care facilities, retirement residences, and at the former LBK Education Center.

**1-2:30 PM**

**Saturday, February 11**

**Members \$20**

**Non-Members \$25**

## **WWK3** DOWN TO EARTH CLIMATE CHANGE

*Dilip Mathur*

### **ZAWWK3** Zoom Available

The first part of the workshop will provide information about everything most people really need to know about climate change. What are the salient facts? What are the greatest dangers to your family, the country, and the planet? Why should you care? What's the urgency? What are the tipping points and political issues? Then the group will discuss what action should and can be taken. What are some ways people are reducing their own carbon footprint? How can you be effective in your community and politically? Finally, students will talk about how to develop their individual plans of action.

**Dilip Mathur** is a frequent speaker and workshop leader on wisdom and current issues. See his course description of *Great Religious Leaders* on page 37. He is currently engaged in a new project to return to the low carbon footprint and simple organic living that he remembers fondly from growing up in India. He is an MIT alum, former CEO of a high-tech firm, and architect of several companies that created over 50,000 jobs for women in rural India.

**1:00-3:00 PM**

**Saturday, March 11**

**Members \$30**

**Non-Members \$35**